



SALLISAW PUBLIC SCHOOLS

Eastside Elementary School

Breakfast and Lunch Menu December 2022



Alternate Cereal Choice Available for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2022-2023 school year.</p>		
28	29	30	1	2
Ham and Cheese Biscuit Fruit Juice, Milk	Pancakes and Sausage Fruit Juice, Milk	Breakfast Nachos Fruit Juice, Milk	Donut Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Grilled Chicken Sandwich Baked Beans Pickle Spear Fresh Fruit and Vegetable Bar Cookie Milk	Beef Tachos Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Oven Roasted Chicken Mashed Potatoes Gravy Hot Roll Fresh Fruit and Vegetable Bar Milk	Lasagna Ceasar Salad Breadstick Fresh Fruit and Vegetable Bar Milk	Popcorn Chicken Salad Cheese and Boiled Egg Crackers Fresh Fruit Jello Milk
Corndog/Veggie	Same	Chicken Nuggets/ Veggie	Same	Pizza/Veggie
5	6	7	8	9
Sausage and Egg Biscuit Fruit Juice, Milk	Funnel Cake Strawberries Juice, Milk	Yogurt Parfait Fruit Juice, Milk	Blueberry Muffin Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Hot Dog SunChips Peas and Carrots Fresh Fruit and Vegetable Bar Cookie Milk	Beef Taco Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	Chicken and Waffles Strawberries Syrup Cup Fresh Fruit and Vegetable Bar Milk	Loaded Baked Potato "Fixins" Garlic Bread Fresh Fruit and Vegetable Bar Milk	California Chicken Flatbread Melt Pasta Salad Fresh Fruit and Vegetable Bar Yogurt Fluff Milk
Corndog /Veggie	Same	Chicken Nuggets/ Veggie	Same	PBJ/Cheesestick/Veggie
12	13	14	15	16
Sausage, Egg & Cheese Biscuit Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Cinnamon Toast and Yogurt Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
Cheeseburger Lettuce, Tomato and Pickle Pork n Beans Fresh Fruit and Vegetable Bar Milk	Chicken Fajitas Fajita Veggies Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk		Fish Sticks Potato Wedges Coleslaw Fresh Fruit and Vegetable Bar Milk	CornDog Broccoli and Cheese Fresh Fruit and Vegetable Bar Sidekick Milk
Same	Same	Same	Same	Same
19	20	21	22	23
<p>***** CHRISTMAS BREAK December 19th - December 30th *****</p>				
26	27	28	29	30

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.